Celery

Recommendations for Maintaining Postharvest Quality

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MATURITY INDICES

Celery is harvested when the overall field reaches the desired marketable size and before the outer petioles develop "pithiness" (See Pith Breakdown). Celery has very uniform crop growth and fields are harvested only once and stalks are packed by size after trimming outer petioles and leaves.

QUALITY INDICES

High quality celery consists of stalks which are well formed, have thick petioles, are compact (not significantly bowed or bulging), have minimal petiole twisting, and have a light green and fresh appearance. Additional quality indices are stalk and midrib length, freedom from defects such as blackheart, pithy petioles, seed stalks, cracks or splits, and freedom from insect damage and decay. U.S. Grades: Extra No. 1; No. 1; No. 2 (Grade Standards established 1957) Celery may be sold as "Unclassified" to designate a lot which has not been graded within U.S. standards.

OPTIMUM TEMPERATURE

0°C (32°F) At optimum conditions, celery should have good quality after storage up to 5 to 7 weeks. Commonly, celery is rapidly pre-cooled and then stored at 0 to 2°C (32 to 36°F). IP storage is intended to be less than one month storing celery at 5°C (41°F) is not recommended for more than 2 weeks. To maintain good visual and sensory quality. Some continued growth of inner stalks will occur post-harvest at temperatures >0°C (32°F).

OPTIMUM RELATIVE HUMIDITY

98-100% R.H.

RATES OF RESPIRATION

<table>
<thead>
<tr>
<th>Temperature</th>
<th>0°C (32°F)</th>
<th>5°C (41°F)</th>
<th>10°C (50°F)</th>
<th>15°C (59°F)</th>
<th>20°C (68°F)</th>
</tr>
</thead>
<tbody>
<tr>
<td>ml CO₂/kg·hr</td>
<td>3</td>
<td>5</td>
<td>12</td>
<td>17</td>
<td>32</td>
</tr>
</tbody>
</table>

To calculate heat production multiply ml CO₂/kg·hr by 440 to get BTU/ton/day or by 122 to get kcal/metric ton/day.

RATES OF ETHYLENE PRODUCTION

<0.1µl/kg·hr at 20°C (68°F)
**PHYSIOLOGICAL AND PHYSICAL DISORDERS**

**Blackheart.** Internal leaves develop a brown discoloration which eventually becomes deep black. The cause is similar to tip-burn of lettuce or blossom-end rot of tomato. Although many predisposing factors may be involved, water-stress results in a calcium deficiency disorder causing cell death.

**Brown Checking.** Splits, primarily along the inner surface of the petioles result from boron deficiency.

**Freezing Injury.** Freezing injury will be initiated at -0.5°C (31.1°F). Symptoms of freezing injury include a water soaked appearance on thawing and wilted leaves. Mild freezing causes pitting or short streaks in the petiole which develop a brown discoloration with additional storage.

**Pith Breakdown.** The breakdown of the internal tissue of the petiole, the pith, is often referred to as "pithiness" or pithy stems. The aerenchyma tissue of the petiole becomes white, spongy or vacuolated, and appears dry. Pith breakdown is induced by several factors that result in the induction of senescence, including cold stress, water stress, pre-bolting changes (seed stalk induction), and root infections. Pith breakdown will develop after harvest, but slowly under proper storage conditions.

**Crushing or cracking.** Common and leads to rapid browning and decay. Harvesting, packing and handling should be done with great care to prevent damage to the highly sensitive turgid petioles.

**PATHOLOGICAL DISORDERS**

Diseases are an important source of postharvest loss, particularly in combination with rough handling and poor temperature control. The major bacterial and fungal pathogens that cause postharvest losses in transit, storage, and to the consumer are Bacterial Soft-Rot (primarily *Erwinia* and *Pseudomonas*), Gray Mold (*Botrytis cinerea*), and Watery Rot (*Sclerotinia spp.*). Botrytis and Sclerotinia will develop over a period of a few weeks, even at 2°C (35.6°F).

**SPECIAL CONSIDERATIONS**

Cut petioles of celery, as for fresh-cut, are very prone to bacterial decay. Less decay and greatly delayed decay symptoms will result from the use of sharp blades, minimizing abrasions or other damage to cut-ends during packaging, and good sanitation.
POSTHARVEST PHOTO GUIDE

DISORDERS

FREEZING DAMAGE

BACTERIAL SOFT-ROT

WATERY ROT
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